

Ballantrae Tennis Club

Adult Programs

HST is included in the cost of all lessons.

Lessons and programs are for members only.

There are no make-up classes, credits, or refunds for missed classes.

Rain Policy: All classes that are rained out will be made up throughout the week of August 26-31. All lessons must be made up throughout this week. A class is officially deemed a rainout if less than 30 minutes are played.

Adult Learn to Play: Level 1-1.5 (1 hour, 6:1 ratio)

This program is for players who have little experience or are new to the game of tennis and would like to learn the basics. It is a great opportunity to learn the fundamentals and start playing the game.

Session	Day	Weeks/Classes	Class Dates	Time	Price
LTP-Wed1	Wednesday	8	May 8, 15, 22, 29, June 5, 12, 19, 26	7-8 pm	\$180
LTP-Wed2	Wednesday	8	July 3, 10, 17, 24, 31, Aug 7, 14, 21	7-8 pm	\$180

Adult Intermediate 1: Level 2-2.5 (1 hour, 6:1 ratio)

This program is for intermediate level players who have the basic fundamentals and would like to improve their playing skills while learning more about the game of tennis. Players will continue to develop all strokes and build consistency.

Session	Day	Weeks/Classes	Class Dates	Time	Price
AIN1-Wed1	Wednesday	8	May 8, 15, 22, 29, June 5, 12, 19, 26	8-9 pm	\$180
AIN1-Wed2	Wednesday	8	July 3, 10, 17, 24, 31, Aug 7, 14, 21	8-9 pm	\$180

Adult Intermediate 2: Level 3-3.5 (1 hour, 6:1 ratio)

This program is for intermediate players who have the basic fundamentals and are comfortable playing singles or doubles. The classes are set up in a game-based approach to train specific tactical/technical situations in singles and doubles.

Session	Day	Weeks/Classes	Class Dates	Time	Price
AIN2-M1	Monday	7	May 6, 13, 27, June 3, 10, 17, 24 No class on May 20	7-8 pm	\$160
AIN2-M2	Monday	6	July 8, 15, 22, 29, Aug 12, 19 No class on Aug 5	7-8 pm	\$140

Adult Advanced: Level 4+ (1 hour, 4:1 ratio)

This program is for experienced players who have the skills to serve, rally, and volley comfortably at higher tempo. The goal of the class is to train and execute at a higher degree of consistency and accuracy, and be able to execute tactics while maintaining proper techniques.

Session	Day	Weeks/Classes	Class Dates	Time	Price
ADV-M1	Monday	7	May 6, 13, 27, June 3, 10, 17, 24 No class on May 20	8-9 pm	\$170
ADV-M2	Monday	6	July 8, 15, 22, 29, Aug 12, 19 No class on Aug 5	8-9 pm	\$150